LXII Annual Meeting of the Mexican Society of Nutrition and Endocrinology

During the past two years, the entire world had to adopt new forms of interaction, medical meetings included, because of COVID-19 pandemic and we had to learn how to interact virtually or in hybrid forums. Thankfully, in Mexico, this 2022, the sanitary restrictions allowed us to hold a magnificent in-person event, that was held at the city of Merida, located in the Yucatan Peninsula.

We started our activities on Monday afternoon, Nov 28th with 2 community directed events, the first one was a Thyroid Nodule Biopsies workshop, where 20 assistants got skills in this kind of techniques and benefit 8 Yucatan people without resources that needed a nodule biopsy, the cytologies were read by a pathologist, and the reports were given to the patients.

The second one, was a course about Diabetes Education for patients, held on Tuesday morning, Nov 29th, with 87 in person participants, transmitted by FB Live targeting another 100 people. For the closure of this event, Dr Margarita Torres, presented the book edited by our Vicepresident, Dr. Raquel Faradji, titled: Type 1 diabetes, through lifespan: the story of María Luisa.
The academic sessions began on Tuesday afternoon, Nov 29th, with the International Precongress Course in coalition with the EASD, centered in Diabetes Technology, an intensive event with novelties about CGM, insulin pumps, new insulins, with the participation of 7 professors (Mexican and European ones) and 667 attendants.

The main Meeting started on Wednesday afternoon, Nov 30th, with an opening lecture in the voice of Dr. Ashley Grossman about neuroendocrine tumors, followed by 4 plenary lectures, with world wide endocrine authorities, such as Silva Arslanian, Alan Remaley, Timothy Garvey, Stuart Flint, talking about diabetes, lipid disorders and obesity.

The event was full of simultaneous joint symposia in collaboration with international Societies, such as AACE (American Association of Clinical Endocrinology), ADA (American Diabetes Association), EAS (European Atherosclerosis Society), EASD (European Association for the Study of Diabetes), Endocrine society, ISE (International Society of
Endocrinology), SEEN (Spanish Society of Nutrition And Endocrinology), and with other national societies, such as the Pediatric Endocrinology Mexican Society (SMEP) and the Mexican Society of Cardiology. In this kind of forum, we organized an FGF-23 symposium in coalition with ISE, with the virtual participation of Dr. Dolores Shoback and the in-person participation of Dr. Jean de Beur, both of them sponsored by ISE.

We also count with the collaboration of our 9 working groups (Type 2 diabetes, Obesity, Reproductive Endocrinology, Lipid disorders, Neuroendocrinology, Mineral and Bone metabolism, Pediatric Endocrinology, Nutrition, Thyroid diseases and the recently formed Type 1 diabetes group), with the organization of diverse topics symposia.

We also accepted 258 investigation abstracts, 218 were presented in poster format and 40 in oral format.
For the closure lecture we were honored with the presence of Dr Umpierrez, representing the ADA.

The whole meeting had the participation of 29 international lectures, 41 national professors and 1096 attendants, considering it a successful event.