



### **ISE SPONSORED MEETING: AFES 2013 – THE FUTURE'S BRIGHT...**

The 17th ASEAN Federation of Endocrine Societies (AFES) congress, under the theme 'Toward Brighter Future of Endocrinology-Metabolic Care in ASEAN Region: From Bench to Clinical Practice', was attended by over 1,400 participants comprising of health practitioners and experts in endocrinology from around the world.

The congress was hosted this year by the Indonesian Society of Endocrinology in the impressive surroundings of the Ritz Carlton Hotel, Mega Kuningan, Jakarta on 13-16 November 2013.

The International Society of Endocrinology (ISE) were very proud to endorse and attend this significant regional meeting which benefited from a program full of lively debate with a particular focus on diabetes, thyroid, and lipids.



**Fig 1. Leaders of AFES with Hannah van Oudheusden, ISE, Scott Hunt, The Endocrine Society and representatives of SAFES – the South East Asian Federation of Endocrine Societies after the 17<sup>th</sup> AFES Business Meeting.**

Dr Imam Subekti, Chairman of AFES Congress Committee in 2013 said:

*“The prevalence of diabetes in Asian populations has become a major concern of the last decade and it should not be underestimated. This event will help increase the cooperation of endocrinology specialists across ASEAN through their own research. This year we will discuss government policy on diabetes in Singapore and Vietnam and we expect to have vital recommendation from the two countries.*”

*The World Health Organization (WHO) predict there will be about 21.3 million people with diabetes in Indonesia by 2030 if the diabetes treatment pattern is not improved.”*

AFES, a regional partner of ISE, is made up of 7 National Endocrinology Societies from the ASEAN region comprising of: Malaysia, Philippines, Singapore, Thailand, Indonesia, Vietnam and Myanmar.

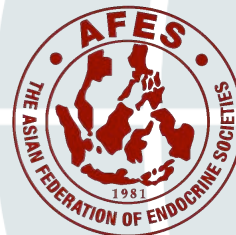
In recognition of the importance of this highly active regional group the ISE invited the AFES committee to nominate a member to formally join the ISE Executive Committee in 2014. The AFES leaders confirmed Dr Nor Azmi Kamaruddin, President of Malaysian Endocrine & Metabolic Society (MEMS) as their International representative.

This prestigious appointment will be formally introduced at the next International Congress of Endocrinology – ICE/ENDO 2014 being held in partnership with The Endocrine Society annual meeting in Chicago, USA next year ([www.ice-endo2014.org](http://www.ice-endo2014.org)) as part of ISE’s strategic mission to develop regionalisation at a global level.



The next AFES Congress will be hosted by Malaysian Endocrine & Metabolic Society and will take place in Kuala Lumpur in 2015.

**Fig 2. The Indonesian Society of Endocrinology, proud hosts of AFES 2013 - the third AFES Congress for Indonesia previously held in Yogyakarta (1981) and in Bali (2001).**





### Notes to Editors:

The International Society of Endocrinology (ISE) is a strategic network of National Endocrine Societies which aims to stimulate international cooperation and co-ordinate scientific exchange, debate and dissemination between healthcare professionals around the world. Current membership comprises over 70 national endocrinology societies, representing nearly 50,000 endocrinologists worldwide. The flagship of the ISE is its International Congress which is now held in rotation every two years in partnership with one of its National Societies across The Americas, Europe/Africa and Asia/Oceania. [www.isendo.org](http://www.isendo.org)

#### AFES Member Societies:

- The Indonesian Society of Endocrinology (PERKENI) [www.perkeni.org](http://www.perkeni.org)
- Malaysian Endocrine and Metabolic Society (MEMS) [www.mems.my](http://www.mems.my)
- Philippine Society of Endocrinology and Metabolism (PSEM) [www.endo-society.org.ph](http://www.endo-society.org.ph)
- The Endocrine and Metabolic Society of Singapore (EMSS) [www.emss.com.sg](http://www.emss.com.sg)
- The Endocrine Society of Thailand (EST) [www.thaiendocrine.org](http://www.thaiendocrine.org)
- Vietnamese Association of Diabetes and Endocrinology (VADE)
- Myanmar Society of Endocrinology and Metabolism (MSEM)

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